

# St Mark's Word of the Week



# Dev borem korum

From what language does this phrase come?

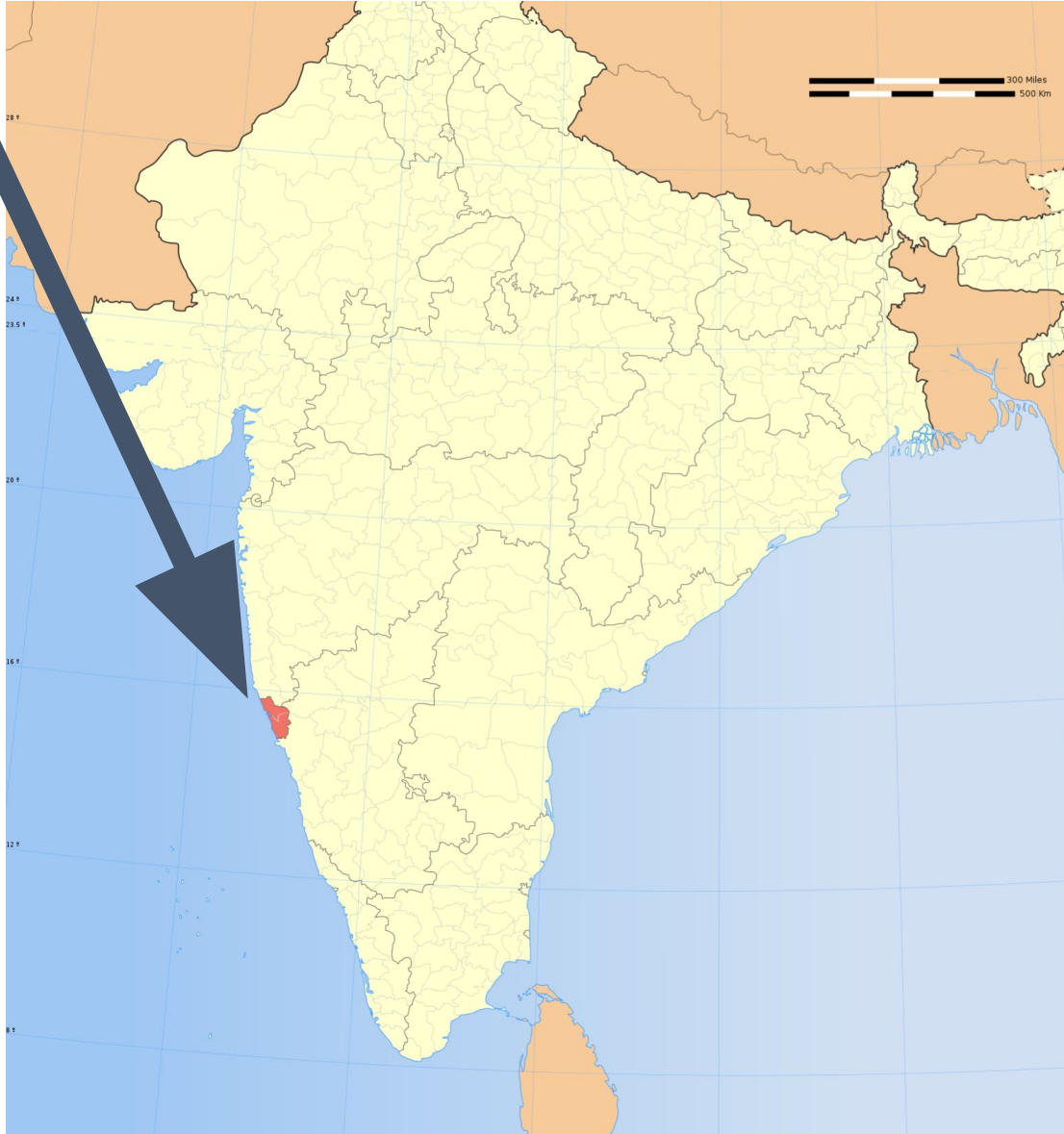
**Konkani**

How could it link to the theme of this week?



# Where is Konkani spoken?

It is the official language of the western Indian state of Goa



Also, spoken in several other regions along the west coast of India

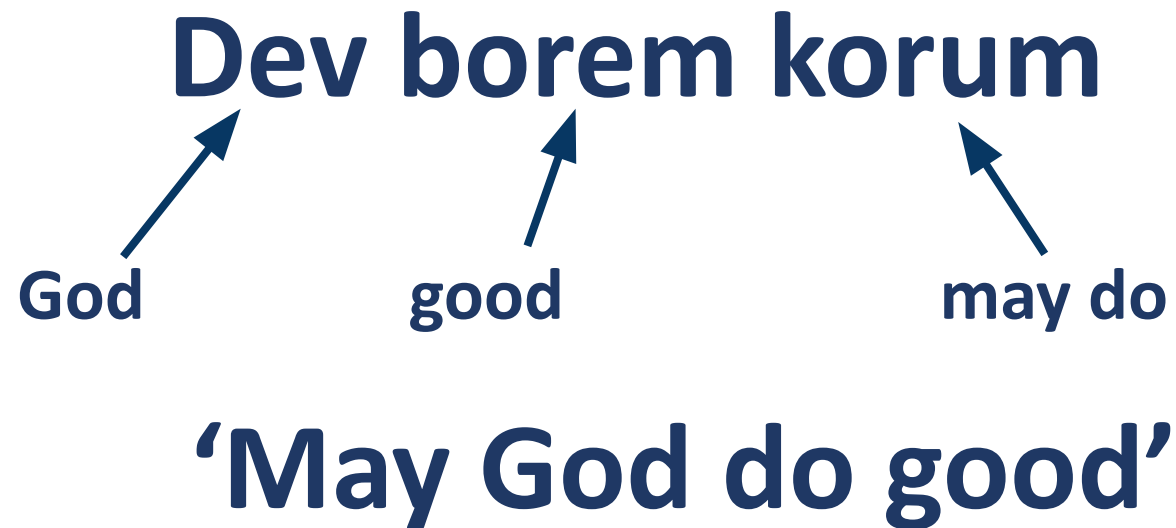


# Dev borem korum

## Definition

- Thank you
- God bless you

Where does the phrase come from? What is its etymology?



How could the idea of gratitude link to mental health awareness week?



15 to 21 May 2023

# Mental Health Awareness Week



#ToHelpMyAnxiety



Taking the time for **gratitude** is a proven self help tool to manage your mental health.

This morning take 1 minute to think of 3 things you are **thankful** for today.