

A yellow speech bubble with a tail pointing towards the bottom-left corner, set against a dark blue background.

Word of the Week

Word of the Week

Reluctant (adjective)

Are you familiar with this word?

What does it mean?

Can you use it in a sentence?

Word of the Week

Reluctant (adjective)

Before we define the word, let's explore the feeling

Word of the Week

Reluctant (adjective)

Scenario 1

Think about being offered a healthy green drink that looks... unusual. You know it's good for you, and your friend says it's delicious.

You reach for the glass slowly. You aren't eager to drink it. You are doing it, but you're doing it with hesitation.



Scenario 2

You've been asked to speak in front of the whole school. You have your notes, but your stomach is doing somersaults.

You don't want to go up there, but you know you have to. You are struggling against your own nerves.



Reluctant (adjective)

Definition

Being reluctant means feeling unwilling, hesitant, or slow to do something because you have doubts or lack enthusiasm for it.

Word of the Week

Reluctant (adjective)

Feeling unwilling, hesitant, or slow to do something

Examples

“She was **reluctant** to admit that she made a mistake.”

“He gave a **reluctant** smile when the photograph was taken.”

“The government showed **reluctance** to change the policy.”

Can you come up with your own?

Word of the Week

Reluctant (adjective)

Feeling unwilling, hesitant, or slow to do something

Synonyms

Unwilling	Not wanting to do it
Hesitant	Pausing because of uncertainty
Loath	Very much against the idea
Disinclined	Lacking the desire

Antonyms

Eager	Excited and ready
Enthusiastic	Showing great interest
Willing	Happy to do something
Ready	Prepared to act immediately

Word of the Week

Task

Add **reluctant** to your word of the week record sheet (page 18 of your planner).

Use this time to check you have all of the previous words recorded as well.

Week	Word
1	Inaugural
2	Extremophile
3	Sanctity
4	Placate
5	Heritage
6	Empowerment
7	Resilience
8	Empathy
9	Integrity
10	Elaborate
11	Ubiquitous
12	Anticipation
13	Lucrative
14	Resolution
15	Resolution
16	Camaraderie

Week	Word
21	Masquerade
22	Aesthetic
23	Restorative
24	Ramification
25	Consciousness
26	Microaggression
27	Allyship
28	Advocate
29	Reluctant
30	
31	
32	
33	
34	
35	
36	
37	

Word of the Week

Reluctant (adjective)

Feeling unwilling, hesitant, or slow to do something

Challenge

On your mini whiteboard write a two sided sentence using the writing frame provided.

For example:

“I am usually eager to be outside in the fresh air, but I am very **reluctant** to go walking in the rain.”



I am usually eager to

but I am very reluctant to

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