

**WEEK COMMENCING**

V – Vegetarian  
VE – Vegan

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

**CLASSIC HOT & HEARTY**

**CLASSIC MAIN MEALS**

**VEGETARIAN MAIN MEALS**

**MONDAY**

Lemon & Herb Piri Piri Chicken with Spicy Rice

**TUESDAY**

Butter Chicken Curry, Served with Pilau Rice & Tomato, Red Onion & Coriander Salad

**WEDNESDAY**

Honey Glazed Roast Gammon, Crisp Roasties, Seasonal Vegetables & House Gravy

**THURSDAY**

Mexican Style Beef & Tortilla Lasagne

**FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

**MONDAY**

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

**TUESDAY**

Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (VE)

**WEDNESDAY**

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Veg(V)

**THURSDAY**

Smokey Plant Based Chilli, Served with Rice, Nachos & Corn (V)

**FRIDAY**

Jamaican Squash Pasty Served with Sweet Chilli Sauce & Chunky Chips (VE)

**DESSERTS**

**MONDAY**

Syrup Sponge with Vanilla sauce

**TUESDAY**

Apple Strudel & Custard

**WEDNESDAY**

Chocolate Sponge & Chocolate Sauce

**THURSDAY**

Pear & Cocoa Sponge

**FRIDAY**

Fruit, Jelly & Yoghurt Pots

**FRUIT & YOGHURT POTS AVAILABLE DAILY**

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Buffalo Cauliflower Wings on Salt & Pepper Wedges (VE)

**TUESDAY**

Chicken Yakitori with Rice

**WEDNESDAY**

Loaded Potato Skins

**THURSDAY**

Garlic & Lemon Chicken Gyros

**FRIDAY**

**NATURALLY**



**MONDAY**

Pakistani Tarka Dhal (VE)

**TUESDAY**

Vegan Singapore Noodles (VE)

**WEDNESDAY**

Vegan Ramen Bowl (VE)

**THURSDAY**

The Big Plant Burger (VE)

**FRIDAY**

Garlic & Chilli Noodles (VE)

**TRATTORIA**



**MONDAY**

Tomato & Basil Pasta

**TUESDAY**

Pasta in a Cheese Sauce

**WEDNESDAY**

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

**THURSDAY**

Tomato & Basil Pasta

**FRIDAY**

Margherita Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



**WEEK COMMENCING**

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13/01/2025 03/02/2025 24/02/2025 17/03/2025

**CLASSIC HOT & HEARTY**

**CLASSIC MAIN MEALS**

**VEGETARIAN MAIN MEALS**

**MONDAY**

Traditional Sausage & Mash with Onion Gravy

**TUESDAY**

Loaded Mac n Cheese with a Selection of Toppings, House Salad & Garlic Bread

**WEDNESDAY**

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

**THURSDAY**

Kung Pao Chicken, Served with Egg Fried Rice

**FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

**MONDAY**

Vegan Sausage & Mash with Onion Gravy (VE)

**TUESDAY**

No Waste Cauliflower Cheese Pasta Bake (V)

**WEDNESDAY**

Roasted Squash & Feta Pie, Served with Seasonal Vegetables or Salad (V)

**THURSDAY**

Goan Potato & Spinach Curry, Served with Rice, Kachumber Salad & Mango Chutney (VE)

**FRIDAY**

Vegan Onion Bhaji Burger, Served with Slaw, Chips & Peas (VE)

**DESSERTS**

**MONDAY**

Apple Pie & Custard

**TUESDAY**

Peach & Pineapple Crumble

**WEDNESDAY**

Sticky Lemon Sponge & Custard

**THURSDAY**

Baked Churros with Chocolate Sauce

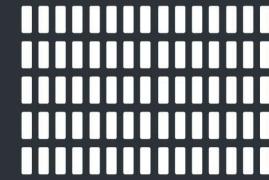
**FRIDAY**

Fruit, Jelly & yoghurt Pots

**FRUIT & YOGHURT POTS AVAILABLE DAILY**

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Teriyaki Chicken Wings with Chahan Rice

**TUESDAY**

Korean Fried Crispy Chicken

**WEDNESDAY**

Chipotle Chicken Chimichanga

**THURSDAY**

Mei Goreng Indonesian Fried Noodles

**FRIDAY**

**NATURALLY**

**MONDAY**

Reggae Reggae Jackfruit Curry (VE)

**TUESDAY**

Vegan Singapore Noodles (VE)

**WEDNESDAY**

Jerk Jackfruit Open Wrap (VE)

**THURSDAY**

The Big Plant Burger (VE)

**FRIDAY**

Garlic & Chilli Noodles (VE)

**TRATTORIA**



**MONDAY**

Tomato & Basil Pasta

**TUESDAY**

Creamy Pesto Pasta

**WEDNESDAY**

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

**THURSDAY**

Pasta in Cheese Sauce

**FRIDAY**

Margherita Pizza

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**WEEK COMMENCING**

20/01/2025 10/02/2025 03/03/2025 24/03/2025

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**CLASSIC HOT & HEARTY**

**CLASSIC MAIN MEALS**

**VEGETARIAN MAIN MEALS**

**MONDAY**

Beef Bolognese with Wholegrain Pasta & House Salad

**TUESDAY**

Creamy Garlic Chicken & Mushroom Pasta with Garden Salad

**WEDNESDAY**

Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables & House Gravy

**THURSDAY**

Chicken Makhani Curry with Pilau Rice

**FRIDAY**

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

**MONDAY**

Plant Based Bolognese with Wholegrain Pasta & House Salad (VE)

**TUESDAY**

Smokey Bean & Vegetable Pasta Bake (VE)

**WEDNESDAY**

Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)

**THURSDAY**

Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)

**FRIDAY**

1/4lb Quorn Burger with Ranch Slaw, Chips & Peas (V)

**DESSERTS**

**MONDAY**

Banana Pudding and Custard

**TUESDAY**

Warm Blueberry Sponge

**WEDNESDAY**

Sticky Toffee Pudding with Caramel Sauce

**THURSDAY**

Apple & Mixed Berry Crumble with Vanilla Sauce

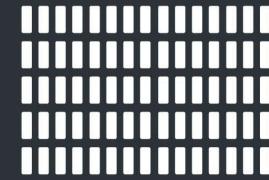
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Fruit, Jelly & Yoghurt Pots

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**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Loaded Mediterranean Street Cart Wedges

**TUESDAY**

Chicken Yakatori with Vegetable Rice

**WEDNESDAY**

Korean Fried Crispy Chicken

**THURSDAY**

Chinese Style Vegan Noodle (VE)

**FRIDAY**

**NATURally**



**MONDAY**

Fork Friendly Falafel Kebab (V)

**TUESDAY**

Vegan Singapore Noodles (V)

**WEDNESDAY**

Spiced Paneer & Red Onion Naan (V)

**THURSDAY**

Onion Bhaji Skewer with Bombay Potatoes (VE)

**FRIDAY**

Garlic & Chilli Noodles (VE)

**TRATTORIA**



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Tomato & Basil Pasta

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Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza

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