

Catholic Social Teaching

IN OUR CURRICULUM

TECHNOLOGY

DIGNITY OF THE WORKER



FOOD PREPARATION AND NUTRITION



Central to the study of Food is the exploration of fair wages and economic stability, safe and healthy working conditions, and access to nutritious food.

Fair wages and economic stability – Fair Trade practices ensure farmers and producers are paid fairly for their produce and work to give them economic stability.

Safe and healthy working conditions – health and safety is taught in relation to the use of all equipment in the classroom e.g. working in a safe environment, including individual safety and team safety. This is linked to the working conditions in agriculture and food factories

Access to nutritious food – ensuring the dignity of the worker includes providing access to basic necessities, such as nutritious food, which is essential for health and well-being. To learn about healthy eating especially when there is food insecurity and the need to use a food bank.



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